HORSEMANSHIP DAY PROGRAMS

Spring Break Day Camp: $330 +gst
March 21,22,23 at the Ranch in Oliver
March 28,29,30 at the Stables in Penticton

Summer Day Camps: $330 +gst
July 4, 5, 6 at the Ranch in Oliver
July 11, 12, 13 at the Ranch in Oliver

July 18,19,20 at the Stables in Penticton
July 25, 26, 27, at the Stables in Penticton
August 8, 9, 10 at the Stables in Penticton
August 15, 16,17 at the Stables in Penticton

August 22, 23, 24 at the Ranch in Oliver

What is Horsemanship?

Horsemanship is a skillset and knowledge base that allows humans to safely and beneficially partner with horses in a way that enhances the lives of both species. It's rewards are great and enjoyment limitless.

Activities Include:

- Barnyard Chores
- Basic Horse Care & Feeding
- Riding Lessons
- Groundwork Lessons
- Group activities/tasks
- Theory Instruction
- Safety practice
- Equipment Care
- Games

Learning Outcomes:

- Basic Barnyard Safety
- Beginner riding skills
- Horse Care
- Teamwork
- Horse psychology
- Self-Awareness
- Personal limits and boundaries
- Confidence

DAILY SCHEDULE

****** Participants to bring their own bag lunch. We do have some space in our refrigerator. Ample drinking water available.***

TIME	DAY 1	DAY 2	DAY 3
9:15 – 9:30 am	Drop off window	Drop off window	Drop off window
9:30 am	Morning Chores	Morning Chores	Morning Chores
10:00 am	How to Catch a Human	Ground Work Lesson	Ground Work Games
10:30 am	Grooming and tack-up	Grooming and tack-up	Grooming and tack-up
11:00 am	Riding Lesson	Riding Lesson	Riding Lesson
Noon	Lunch	Lunch	Lunch
12:30 pm	Hoof Care	Horse Health	Wild Card
1:00 pm	Riding Equipment & Care	Gaits of the horse	Disciplines and Jobs
1:30 pm	Breeds, Markings, & Colours	Feeding your horse	Games
2:00 pm	Afternoon Chores	Afternoon Chores	Afternoon Chores
2:30 – 2:45pm	Pick Up Window	Pick Up Window	Pick Up Window

*Note – Horse care and basic knowledge topics may vary slightly, but their alloted time in the schedule will remain.

REGISTRATION

Email: info@riding4life.ca
Call: 250-490-5856

Registration Policy:

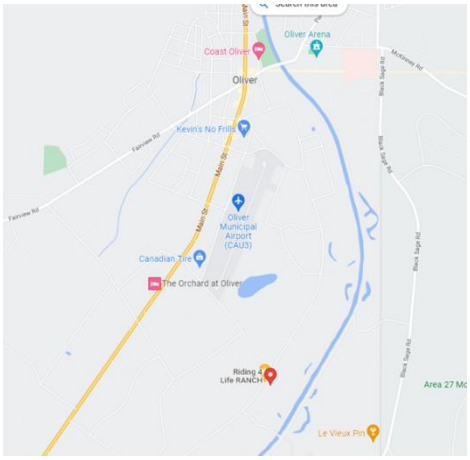
Full payment is required up front to reserve space. Limited space available on a first come, first serve basis. Upon registration you will receive a confirmation email which will confirm your dates, and basic program registration information, as well as this document. All parents & legal guardians MUST complete a registration form with waiver for each child who plans to participate. These forms are available online, at the end of this document, or at our office. They must be fully complete & submitted on the morning of the program at the latest or your child may be denied participation in the program.

Payment *can be made using cash, cheque, or e-transfer once you have received an invoice.*

LOCATION

STABLES in Penticton
198 Green Mountain Rd.
(Lot 43)
Penticton, B.C

RANCH in Oliver
5621 Sawmill Rd.
Oliver, B.C.



PARENT CHECKLIST

- ☐ Registration payment made **or** funding paperwork signed and submitted with copies provided to Riding 4 Life
- ☐ Intake and Waiver forms completed and submitted prior to start of program
- ☐ Program information reviewed
- ☐ Required equipment/attire – please see below for details

IMPORTANT INFORMATION

Welcome to Riding 4 Life!

Thank you for your interest in our programs. Before we start horsin' around we need to learn a little bit about you and take care of a few administrative details. Please take a look through this package and complete the intake information, and waiver.

Our programs and approach to horsemanship certainly do not offer any shortcuts to equestrian success. Horsemanship is one of the most challenging activities I have ever applied myself to, and after 30+ years teaching and training in this industry I continue to be challenged daily. As a result, we urge all riders/handlers to join us in cultivating a healthy community for growth, connection, and enjoyment. Progress is not measured in ribbons and trophies, but in the joy and contentment of horses and humans alike as they each 'join up' in the Riding 4 Life herd.

We also strongly urge all riders to consider membership to Horse Council BC which includes basic individual insurance coverage. While Riding 4 Life carries relevant equine industry business insurance, Horse Council BC provides insurance for a wide range of accidental horse related injuries. The link below provides more information:

https://hcbc.online/

Please also feel free to call or email your instructor whenever you have questions about your program. We hope you or your child truly enjoy horsin' around with Riding 4 Life and we look forward to mounting up with you very soon.

Happy Trails!

Leann Manuel
Boss Mare
Riding 4 Life Equine Enterprises

250-689-1648
Leann@riding4life.ca

**Please note that although we outline strict policies, we will always work with your child to help them fully access our services and programs. If you have questions about a policy and how it affects your child, please contact us directly.*

TERMS & CONDITIONS

There are NO REFUNDS or credits given for our camps or day programs. Transfer to another participant is possible, but left at the discretion of Riding 4 Life. Please contact us directly if you would like to transfer your spot to another participant. All transfers require 48 hours notice and require all forms and waivers completed in advance of the transfer.

CANCELLATIONS

Camps and Day Programs run rain or shine. In the event of extreme weather or unsafe conditions, and at the sole discretion of Riding 4 Life, we may reschedule. If we need to cancel for any reason we will be in touch with you directly.

MEDICAL & OTHER CONSIDERATIONS

It is the responsibility of each participant (or their parent/legal guardian) to communicate any medical conditions or mental health concerns to Riding 4 Life. A completed intake form is a requirement for each participant. In the event that there are concerns, we will be in touch directly to discuss and formulate an individual plan to manage any issues that may arise, such as managing medications, behaviors, etc.

If you have not communicated with us in regards to any potential issues, your child may be denied access to the program, or be sent home - especially if the safety and well being of any participant is put at risk.

It is important to note that we are NOT a nut free environment. Our barnyard is literally infested with horse nuts after all.

REQUIRED EQUIPMENT/ATTIRE

1. **A riding helmet** – But don't worry if you don't have one yet because we have several to loan out. *Please note that some pony tails, buns, and other hair do's may not be comfortable inside a properly fitted helmet.

2. **Boots with a heel** -This can include English riding boots, western style cowboy boots, most rubber rain boots with a slight heel, lace up boots with a slight heel, and even some hiking type boots as long as there is a heel with a slight edge and the tread is not too substantial.

   * Please note that we do not have a wide range of appropriate loaner boots and that it's very important for riders to come prepared.

   * Folks wearing any type of open toed shoe or sandle will not be permitted near the horses or in the riding arena. Even spectators and visitors are encouraged to consider their footwear choices.

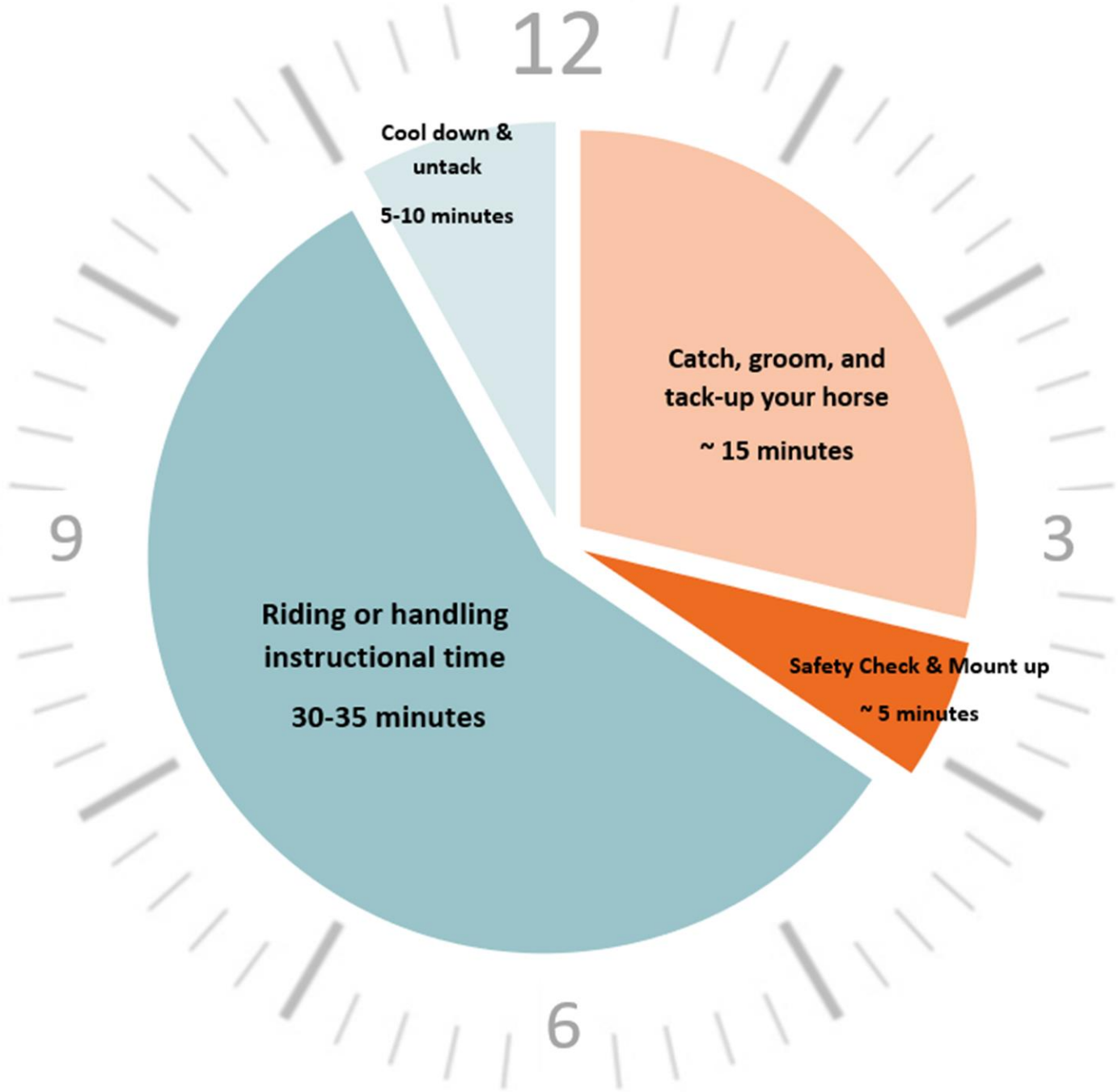
3. **Long pants** are highly recommended. Even on the hottest days of the year, pants are our preference. Saddles, stirrups, and other riding equipment are likely to pinch and chafe bare skin and can cause discomfort and minor scrapes and abraisions.

4. **Gloves** are completely optional. Some riders prefer to use them while others would rather not. We usually have a few pairs around to lend out.

5. **Sunscreen** for the sunny days, and extra **warm/dry clothing** in the spring and fall. At the barn, we spend virtually all of our time exposed to the elements. Please consider the weather and note that our barnyard tends to be windier than most other areas of Penticton.

RIDING 4 LIFE RULES

1. Leann is the Boss.
2. Do not hand feed the horses unless you want to feed them your hands.
3. Management will take the word of any horse, over any human, EVERY time.
4. No loose horses in the yard. Please use the hitching rails.
5. A safe, successful horsemanship practice IS a mindful practice. If your heart, mind, and soul are not here, then neither should your body. This includes the use of mobile devices. Any space that may be shared with a horse is **NO PHONE ZONE!**

6. Treat your horse and fellow humans with the same kindness, empathy, and respect you wish to be treated with.
7. If you're not sure - ASK! Questions are cheap as free. Forgiveness however, can be painful and often expensive.
8. No sandals or open toed footwear in the barnyard. Closed toe footwear is required for anyone wanting to share space with horses.
9. All riders under the age of 19 MUST wear a helmet, and footwear with heel while mounted. All riders must also submit a signed waiver.
10. Have fun… or else!

My Riding Lesson Flow